



"I did it for your sake..."

— Are your intentions being understood?

Even if you say or do something for the benefit of another person, if you do it in a way that is hurtful to them, then your intentions may not be understood and it may be considered harassment.

"The other person was OK with it, so where's the problem...?"

— Are you sure about that?

In a hierarchical relationship, such as between a teacher and a student, or between a supervisor and a subordinate, it may not be easy for someone to object due to their position.

"This kind of thing was normal when I was young..."

—The times have changed.

Some words and behavior that may have been acceptable in the past are no longer appropriate today.

Harassment can arise due to a gap in perception between the perpetrator and the victim. Instead of speaking or acting based solely on your own perceptions, try to consider what the other person and those around you think of what you say or do.



